

CALCIUM & MAGNESIUM

**With 1 mg Boron and
25 iu Vitamin D Per Tablet**

Dietary Supplement

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (as carbonate, citrate, amino acid chelate)	500 mg	50%
Vitamin D (as cholecalciferol)	25 iu	6%
Magnesium (as oxide, citrate, amino acid chelate)	250 mg	63%
Boron (as citrate, aspartate, glycinate)	1 mg	*
Betaine hydrochloride	25 mg	*

*Daily Value Not Established

Other Ingredients: May contain one or more of the following; magnesium stearate, cellulose, modified cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, silica and food glaze. Contains Soy.

Contains No Added sugar, salt, dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) tablet, two (2) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Keep out of reach of children.

QUALITY AND POTENCY GUARANTEED.

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