

COD LIVER OIL

Dietary Supplement

Supplement Facts

Serving Size: 1 Softgel Capsule

Amount Per Serving		% Daily Value
Calories	5	
Calories From Fat	5	
Total Fat	0.5 g	2%*
Vitamin A (from cod liver oil)	1250 iu	25%
Vitamin D (from cod liver oil)	135 iu	34%
Cod liver oil	400 mg	**

** Daily Value Not Established

* **Percent Daily Values** are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, glycerin and water.

Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one softgel capsule, one (1) to three (3) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light. Keep out of reach of children.

QUALITY AND POTENCY GUARANTEED.

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