

# COENZYME Q 10 SOFTGEL

(From Japan)

## 100 mg

*Dietary Supplement*

### Supplement Facts

Serving Size: 1 Softgel Capsule

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)***	2,500 iu	50%
Vitamin E (as d-alpha tocopherol)	100 iu	333%
Coenzyme Q 10	100 mg	*

\* Daily Value Not Established

**Other Ingredients:** Capsules (gelatin, glycerin, water), rice bran oil, lecithin, beeswax and annatto. Contains soy.

Co Q 10 is a biologically active quinone found in every cell of the body. It is a cofactor in the electron transport chain, the biological pathway in cellular respiration from which ATP\*\* and most of the body's energy are derived.

\*\*Adenosine Triphosphate (ATP) is an energy-rich compound used for all energy-requiring processes within the cell.

\*\*\*100% Natural Beta Carotene from marine algae.

Scientific studies show that Co Q 10 is three times more bioavailable when delivered in an oil-based softgel capsule. Our Co Q 10 is dissolved in Vitamin E oil prior to encapsulation to increase the product's intestinal absorption.

From Co-Q-Sol™ brand CoQ10 softgels made by Softgel Technologies.

**Contains No Added** sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) softgel capsule, one (1) to two (2) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Keep out of reach of children.

**QUALITY AND POTENCY GUARANTEED.**

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