

HEALTHY WEIGHT[†]

Contains No Ephedra

A Dietary Supplement to Help Support
a Low-Fat Diet and Exercise Program.[†]

Supplement Facts		Serving Size: 3 Tablets	
Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin B-1 (as thiamin HCl)	10 mg 667%	Wheat 300:1 (<i>Triticum aestivum</i>) berry extract	150 mg **
Vitamin B-2 (as riboflavin)	10 mg 588%	Kidney bean (<i>Phaseolus vulgaris</i>) extract ^π	200 mg **
Niacin	10 mg 50%	Green tea (<i>Camellia sinensis</i>) extract (Standardized to 50% [150 mg] catechins)	300 mg **
Vitamin B-6 (as pyridoxine HCl)	10 mg 500%	<i>Panax ginseng</i> root extract (Standardized to 5% [5 mg] ginsenosides)	100 mg **
Folic Acid	400 mcg 100%	Ginger (<i>Zingiber officinale</i>) rhizome	50 mg **
Vitamin B-12 (as cyanocobalamin)	10 mcg 167%	<i>Lagerstroemia speciosa</i> leaf extract ^δ (Standardized to 1% [0.24 mg] corosolic acid)	24 mg **
Biotin	50 mcg 17%	<i>Garcinia cambogia</i> fruit extract ^ε (Standardized to 60% [120 mg] hydroxycitric acid)	200 mg **
Pantothenic Acid (as calcium pantothenate)	10 mg 100%	Fenugreek ^φ (<i>Trigonella foenum</i>) seed extract	50 mg **
Iodine (from kelp)	150 mcg 100%	Colostrum	100 mg **
Magnesium (as oxide, citrate)	100 mg 25%	Vanadyl sulfate	5 mg **
Zinc (as monomethionine) ^α	5 mg 33%	Choline (as bitartrate)	50 mg **
Selenium (as amino acid chelate)	100 mcg 143%	Inositol	50 mg **
Copper (as amino acid chelate)	100 mcg 5%		
Manganese (as amino acid chelate)	5 mg 250%		
Chromium (as polynicotinate) ^β	200 mcg 167%		
Molybdenum (as amino acid chelate)	10 mcg 13%		
<i>Cassia nomame</i> aerial parts extract	100 mg **		

** Daily Value not established

Contains No Added sugar, salt, yeast, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take three (3) tablets, one (1) to three (3) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light. Keep out of reach of children.

[†]These statements have not been evaluated by the Food and Drug Administration. These statements are not intended to diagnose, treat, cure or prevent any disease.

Other Ingredients: May contain one or more of the following: magnesium stearate, cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, and silica and food glaze. Contains milk, soy.

^αFrom L-OptiZinc™, ^βFrom ChromeMate™, ^πFrom Phase2™, ^δFrom GlucoFit™, ^εFrom Super CitriMax™, ^φFrom FenuLife™

QUALITY AND POTENCY GUARANTEED.