

# L-THEANINE

## 100 mg

Helps Promote Relaxation\*

*Dietary Supplement*

### Supplement Facts

Serving Size: 1 Vegetarian Capsule

#### Amount Per Serving

L-Theanine***	100 mg**
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\*\*Daily Value not established

**Other Ingredients:** May contain one or more of the following; cellulose, magnesium stearate and silica.

\*\*\*From SunTheanine®, a 100% pure, patented source of L-Theanine manufactured in Japan by Taiyo International.

SunTheanine® has been extensively evaluated in many scientific studies and shown to promote relaxation and deep, restful sleep without causing drowsiness or other unwanted side effects.\*

\*These statements have not been evaluated by the Food and Drug Administration. These statements are not intended to diagnose, treat, cure or prevent any disease.

**Contains No Added** sugar, salt, yeast, wheat, soy, corn, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) vegetarian capsule, one (1) to three (3) times daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Keep out of reach of children.

**QUALITY AND POTENCY GUARANTEED.**