

# MELATONIN

## 3 mg

With 10 mg Vitamin B-6 Per Tablet

*Dietary Supplement*

### Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-6 (as pyridoxine HCL)	10 mg	500%
Melatonin	3 mg	*

\*Daily Value Not Established

**Other Ingredients:** May contain one or more of the following; magnesium stearate, cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, silica and food glaze.

**WARNING:** USE ONLY AT BEDTIME. Not for use by children under 18 years. If pregnant or using a prescription drug, consult a health care professional. Do not take this product if you suffer from an autoimmune disease, depression, diabetes, endocrine disorder or thyroid condition. Do not use this product while operating a motorized vehicle or heavy machinery.

**Contains No Added** sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take one (1) tablet twenty (20) minutes before bedtime or, as directed by a health care professional. Do not exceed one (1) tablet per twenty-four (24) hours. Store in a cool, dry place and away from direct light. Keep out of reach of children. Suitable for vegetarians.

See warning statement on opposite panel.

**QUALITY AND POTENCY GUARANTEED.**