

ORGANIC FLAX OIL

1000 mg

HEXANE FREE

Dietary Supplement

Supplement Facts

Serving Size: 1 Softgel Capsule

Amount Per Serving	% Daily Value	
Calories 9		
Calories from Fat 9		
Total Fat 1 g	2%*	
Flax seed oil*** (<i>Linum usitatissimum</i>)	1000 mg	**
Alpha linolenic acid (ALA)	550 mg	**
Cis-Linoleic acid (LA)	150 mg	**
Oleic acid	140 mg	**
** Daily Value Not Established		
* Percent Daily Values are based on a 2,000 calorie diet.		

Other Ingredients: Gelatin, glycerin, water and carob.

***From Organic Flax Seed Oil. Flax oil is a source of alpha linolenic acid, cis-linoleic acid and oleic acid. Our organic flax seed oil is 100% cold expeller pressed and Hexane Free.

REFRIGERATE AFTER OPENING.

Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) softgel capsule, one (1) or two (2) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Keep out of reach of children.

QUALITY AND POTENCY GUARANTEED.