

# SUPER SOFTGEL MULTI

IRON-FREE

*Dietary Supplement*

## Supplement Facts

Serving Size: 2 Softgel Capsules

Amount Per Serving		% Daily Value
Vitamin A (from beta carotene, fish liver oil)	25,000 iu	500%
Vitamin C (as ascorbic acid)	325 mg	542%
Vitamin D-3 (as cholecalciferol)	400 iu	100%
Vitamin E (as d-alpha tocopherol succinate)	400 iu	1,333%
Vitamin B-1 (as thiamin mononitrate)	50 mg	3,333%
Vitamin B-2 (as riboflavin)	60 mg	3,529%
Niacin (as niacinamide)	50 mg	250%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	75 mcg	1,250%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	40 mg	400%
Calcium (as carbonate, citrate)	200 mg	20%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as oxide)	100 mg	25%
Zinc (as monomethionine)**	15 mg	100%
Selenium (as selenomethionine)	25 mcg	36%
Copper (as copper gluconate)	2 mg	100%
Manganese (as gluconate)	4 mg	200%
Chromium (as polynicotinate)***	25 mcg	21%
Molybdenum (as amino acid chelate)	25 mcg	33%
Choline Bitartrate	25 mg	*
Inositol	25 mg	*
Boron (as citrate)	50 mcg	*
Vanadium (as vanadyl sulfate)	5 mg	*
Citrus Bioflavanoids	25 mg	*

\*Daily Value not established

**Other Ingredients:** Capsules (gelatin, glycerin, water), soybean oil, carob extract, water and lecithin. Contains soy.

\*\*From L-OptiZinc®. \*\*\*From ChromeMate®.

**Contains No Added** sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take two (2) softgel capsules daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Keep out of reach of children.

**QUALITY AND POTENCY GUARANTEED.**

Vitamins & Nutritional Supplements  
Nature's Wealth Vitamins