

ULTRA MINERALS

L·OptiZinc®

CHROMEMATE®

Dietary Supplement

Supplement Facts

Serving Size: 4 Tablets

Amount Per Serving	% Daily Value	
Calcium (as citrate, carbonate, hydroxyapatite)	1000 mg	100%
Vitamin D (as cholecalciferol)	100 iu	25%
Iron (as amino acid chelate)	5 mg	28%
Iodine (from Norwegian Kelp)	225 mcg	150%
Magnesium (as oxide, citrate)	500 mg	125%
Zinc (as zinc methionine)**	15 mg	100%
Selenium (as L-selenomethionine)	100 mcg	143%
Copper (as amino acid chelate)	1 mg	50%
Manganese (as arginate)	10 mg	500%
Chromium (as polynicotinate)***	100 mcg	83%
Molybdenum (as amino acid chelate)	50 mcg	67%
Potassium (as citrate)	99 mg	3%
Horsetail herb extract (<i>Equisetum arvense</i>)	100 mg	*
Vanadium (as amino acid chelate)	25 mcg	*
Boron (as citrate, aspartate, glycinate)	1 mg	*
Betaine hydrochloride	160 mg	*
Trace mineral blend (from bentonite clay)	20 mg	*

* Daily Value Not Established

Other Ingredients: May contain one or more of the following; magnesium stearate, cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, silica and food glaze. Contains soy.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

** from L·OptiZinc®, a patented form of zinc.

*** from CHROMEMATE®, a unique, patented niacin-bound chromium.

Contains No Added sugar, salt, dairy, wheat, gluten, yeast, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take four (4) tablets daily with meals, or as directed by a health care professional. Store in a cool, dry place, and away from direct light.

QUALITY AND POTENCY GUARANTEED