

B-COMPLEX 50

Balanced B-Complex

Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B-1 (as thiamine HCL)	50 mg	3,333%
Vitamin B-2 (as riboflavin)	50 mg	2,941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B-6 (as pyridoxine HCL)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (as d-Ca pantothenate)	50 mg	500%
Para aminobenzoic acid	50 mg	*
Choline (as bitartrate)	20 mg	*
Inositol	50 mg	*

*Daily Value Not Established

Other Ingredients: Gelatin (capsules), rice bran, alfalfa, parsley, watercress, (May contain one or more of the following; magnesium stearate, cellulose, vegetable stearin, dicalcium phosphate, silica and natural vanilla powder).

Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) capsule daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light. Keep out of reach of children.

QUALITY AND POTENCY GUARANTEED.